

Ocean County Health Department Influenza and Pneumococcal Vaccination Sites and Times

It's Not Too Late! The Flu Ends with U!

Influenza and Pneumonia vaccinations are free if enrolled in Medicare Part B.
**If not enrolled in Medicare Part B, or you have a Medicare Managed Care Plan,
the cost will be \$20.00 (cash or check).**

*Everyone 6 months of age and older should get vaccinated against seasonal Flu every year.
The "regular" flu vaccine protects you against four different flu viruses (strains).*

OCHD Northern Site (Lakewood) 1771 Madison Avenue

2/8/19	Monday	1:30PM-3:30PM
2/20/19	Wednesday	5:00PM-7:00PM

OCHD Southern Site (Stafford) 333 Haywood Road

2/14/19	Thursday	3:00PM-5:00PM
2/28/19	Thursday	3:00PM-5:00PM

OCHD Main Site (Toms River)- 175 Sunset Avenue

1/16/19	Wednesday	1:00PM-3:00PM
2/4/19	Monday	4:00PM-6:00PM
2/13/19	Wednesday	9:00AM-11:00AM

County Connection (Ocean County Mall)- 1201 Hooper Avenue

1/17/19	Thursday	10:00AM-12:00PM
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Ocean County YMCA - 1088 W Whitty Road

1/24/19	Thursday	10:00AM-12:00PM
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Things You Can Do To Protect Yourself and Your Family

*The OCHD recommends that you take every day preventive actions to protect yourself
and your family against the flu and other illnesses.*

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| <ul style="list-style-type: none"> • Get your flu shot every year. • Avoid touching your eyes, nose or mouth. • Avoid close contact with people who are sick. | <ul style="list-style-type: none"> • Cover coughs and sneezes. • Wash your hands often to avoid spreading the flu. • Stay home when you are sick. |
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Public Health
Prevent. Promote. Protect.