Important Flu Facts?

All people <u>6 months of age and older</u> should get vaccinated against seasonal flu every year.

Children younger than 6 months are at <u>high</u> <u>risk</u> of serious flu illness but are too young to be vaccinated. People who care for them should be vaccinated instead.

Vaccination is especially important for pregnant women and people with chronic diseases.

The flu vaccine protects against several different flu viruses (strains). Flu vaccines are updated every year to better match the viruses circulating in the public.

Getting the flu vaccine <u>cannot</u> give you the flu! The vaccine is made with inactive (killed) virus strains which are not infectious.

For additional information please visit our website at www.ochd.org or download a vaccine information statement at CDC.Gov/Vaccines/hcp/vis

(732) 341-9700 or (800) 342-9738 Ext. 7411



TTY (732) 831-6489

Download our
Ocean County
Health Department
App

Stay informed with important notices about Ocean County and our upcoming Flu and COVID-19 vaccination clinics!

Scan this QR code on your phone to download the app now!



Homebound Flu program and COVID-19 Vaccines are available for residents who are restricted to their home by calling

732-341-9700 ext .7304

Protect Yourself from Respiratory illness

- Cover your mouth and nose with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wear a **facial covering** when in the public.
- Wash your hands often with soap and water or use an alcohol-based hand rub.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Avoid touching your eyes, nose or mouth.

OCEAN COUNTY BOARD OF COMMISSIONERS

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Gerry P. Little – Deputy Director
Virginia "Ginny" Haines
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OCEAN COUNTY BOARD OF HEALTH

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Seasonal Influenza and COVID-19
Vaccination Sites

The Flu Ends with U!

Influenza vaccinations are provided at no out of pocket expense for Ocean County Residents.

Pneumonia and <u>COVID-19</u> Vaccinations available at each location.

Residents under the age of 65 years requesting a Pneumonia Vaccination will need a physician prescription.

Pneumonia vaccination is every 10 years.

COVID vaccines will be available at all FLU Clinics

www.ochd.org

10/2/21 **Saturday** 10:00 AM – 1:00 PM YMCA –Toms River 1088 W. Whitty Road, Toms River

10/11/21 **Monday** 2:00 PM - 6:00 PM Ocean Acres Community Center 489 Nautilus Drive. Stafford

10/12/21 **Tuesday** 10:00 AM - 1:00 PM Lacey Community Center 15 East Lacey Road, Forked River

10/13/21 **Wednesday** 10:00 AM - 1:00 PM Manchester Library 21 S. Colonial Drive, Manchester

10/13/21 **Wednesday** 3:00 PM - 7:00 PM
Ocean County Fire and EMS Training Center 200 Volunteer Way, Waretown

10/14/21 **Thursday** 10:00 AM - 1:00 PM Jackson Fire Department 200 Kierych Memorial Dr, Jackson

10/14/21 **Thursday** 11:00 AM – 1:00 PM Ocean County College – Student Center 1 College Drive, Toms River

10/16/21 **Saturday** 10:00 AM- 1:00 PM South Toms River Rec. Center 1 Drake Lane, South Toms River

10/17/21 **Sunday** 10:00 AM –12:00 PM
Brick Presbyterian Church
111 Drum Point Road. Brick

10/17/21 **Sunday** 10:00 AM - 1:00 PM Saint Maximillian Church 130 St. Maximillian Lane, Toms River

10/18/21 **Monday** 10:00 AM - 1:00 PM Barnegat Library 112 Burr Street, Barnegat

10/18/21 **Monday** 10:00 AM - 1:00 PM Edward Thorton Recreation. Center 319 W. Calabrese Way, Mystic Island

10/19/21 **Tuesday** 10:00 AM - 1:00 PM Holiday City South Club House 139 Santiago Drive, Berkeley 10/20/21 **Wednesday** 10:00AM – 1:00 PM Toms River Senior Center 652 Garfield Ave, Toms River

10/21/21 **Thursday** 10:00 AM – 1:00 PM Island Heights Municipal Building
Van Saint and East End, Island Heights

10/21/21 **Thursday** 4:00 PM - 8:00 PM Jackson Mills Fire Department 465 N. County Line Road, Jackson

10/22/21 **Friday** 10:00 AM - 1:00 PM Ocean Gate Municipal Building 801 Ocean Gate Ave, Ocean Gate

10/23/21 **Saturday** 10:00AM - 1:00 PM Ocean County Fire and EMS Academy 200 Volunteer Way, Waretown

10/25/21 **Monday** 10:00 AM - 1:00 PM Green Briar Woodlands Clubhouse 1 Kensington Circle, Toms River

10/27/21 **Wednesday** 10:00 AM - 1:00 PM
Point Pleasant Beach Fire House
615 Laurel Ave. Point Pleasant Beach

11/3/21 Wednesday 10:00 AM - 1:00 PM
Toms River Library
101 Washington Street, Toms River

11/3/21 **Wednesday** 10:00 AM – 1:00 PM
Ocean Acres Community Center
489 Nautilus Drive. Manahawkin

11/4/21 **Thursday** 10:00 AM – 1:00 PM Brick Library

301 Chambers bridge Road, Brick

11/6/21 **Saturday** 9:00 AM – 2:00 PM Lady of Guadalupe Church 1141 East County Line Rd, Lakewood

11/7/21 **Sunday** 8:00 AM- 1:00 PM Saint Pius Church 300 Lacey Road, Forked River 11/8/21 **Monday** 10:00 AM – 1:00 PM

Cassville Fire House 785 Miller Ave, Jackson

11/9/21 **Tuesday** 4:00 PM - 7:00 PM Green Briar Woodlands Clubhouse 1 Kensington Circle, Toms River

11/9/21 **Tuesday** 10:00 AM - 1:00 PM Holiday City South Club House 139 Santiago Drive, Berkley

11/10/21 **Wednesday** 10:00 AM - 1:00 PM
Thorton Recreation Center
319 W. Calabrese Way, Mystic Island

11/12/21 **Friday** 10:00 AM - 1:00 PM Saint Mary's Church 804 Bay Ave, Point Pleasant Beach

11/16/21 **Tuesday** 10:00AM - 1:00 PM Lacey Community Center 15 East Lacey Road, Forked River

11/17/21 **Wednesday** 10:00 AM- 1:00PM Brick Senior Center 373 Adamston Road. Brick

11/21/21 **Sunday** 10:00 AM- 12:00PM Lacey United Methodist Church 203 Lacey Road, Forked River

12/2/21 **Thursday** 3:00 PM- 7:00PM Thorton Community Center 319 W. Calabrese Way, Mystic Island

COVID-19 Vaccines offered at all Flu Clinics



Fixed Facility Sites through November 6, 2021

RWJ Barnabas Arena @ Toms River High School North

1245 Old Freehold Rd, Toms River, NJ 08753

Tuesdays, Wednesdays and
Thursdays
9 am - 3pm

Southern Regional Middle School

75 Cedar Bridge Road
Manahawkin, NJ
Tuesdays
3 PM - 7 PM
Saturdays
9 AM - 1 PM

More information and updates please visit

www.ochd.org