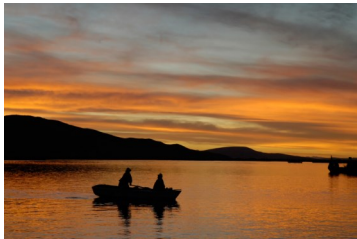


**Summer  
2015**



## Recreation Department

818 W Lacey Road,  
Forked River, NJ 08731  
609-693-1100 Ext 2203

Email: [lacey.recreation@laceytownship.org](mailto:lacey.recreation@laceytownship.org)



### **Summer in the Parks Day Camp Program**

Our summer day camp program provides children with the opportunity to build friendships and enjoy fun in the sun throughout this seven week program. Activities will include: games, sports, arts & crafts, theme days, and parties. Trips will also be offered at an additional cost. All of the activities and bus trips are fully supervised by the Township of Lacey Department of Recreation staff. Participants must be 5 years of age before the program begins and 7 years of age to participate on trips. **A copy of your child's birth certificate is required.**

#### **Camp Locations:**

Clune Park  
Huffy Wallis Park  
Hebrew Park

#### **Camp Hours:**

Monday through Thursday, No Camp on Fridays

June 29 — August 13,

9:00 am - 3:00 pm Daily

Ages: 5 — 13 year olds

Fee: \$100.00 per child for the entire summer



**Camp Tee Shirts are required for participants and are available at the Recreation Department Office for purchase. 1 shirt for \$10.00, 2 for \$15.00, or 4 shirts for \$20.00**

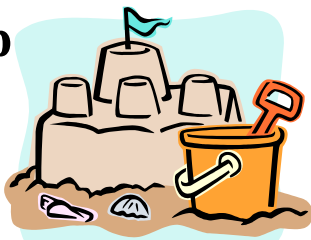
#### **Inclement Weather**

Camp is scheduled rain or shine and will be moved to Lacey Middle School during times of inclement weather. If you are unsure if camp will be moved each day you can call the Lacey Recreation Summer in the Parks Hotline at (609) 693—1100 EXT 2202.

Registration begins June 1, at the Recreation Dept. office located behind the Police complex. We will be accepting registration Monday through Friday 8:30 am to 4:30 pm. We will also be accepting registration at the Camp site on Thursday, June 25, from 9:00 am to 1:00 pm & 6:00 pm to 8:00 pm. **Please bring proof of residency in order to register.**

### **Lacey Township Beach Bash**

**Saturday, June 20**



**Lake Barnegat Beach (2nd Lake)  
Festivities begin at 12:00 noon**



Fun for the whole family, treasure hunt, lots of games, and the music of DNA, a Caribbean infused pop duo. Refreshments will be available to purchase.

### **Independence Day Celebration**

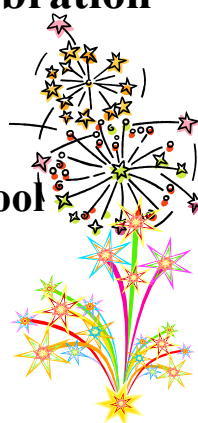
**Friday, July 3rd**

(Rain Date - July 5th )

**Lacey Township High School**

**Festivities Begin 7:30 PM**

**Fireworks Begin 9:15 PM**



**Generously Supported By:**

**Exelon**

## **Lacey Township Lakes & Beaches**

Beaches will be open daily starting Saturday, June 20. **Beach Badges will be required starting Saturday, June 27, and should be openly displayed.**  
**Beach Patrol Hours are 10:00 am - 4:00 pm**



### **Beach Locations:**

**Bamber Lake Beach , Good Luck Road, Bamber**  
**Cedar Creek Beach, Forrest Avenue, Lanoka Harbor**  
**Lake Barnegat (2nd Lake) Lakeside Drive North, Forked River**

## **Beach Badge Sales**

**Location:** Lacey Township Recreation Office  
**Hours:** Starting June 1, Monday through Friday 8:30 am to 4:30 pm  
Saturdays in June & July 10:00 am to 2:00 pm  
Sundays, CLOSED

**Fee:** \$5.00 per badge and the fee is non-refundable

Beach badges are required for ages 5 years and older. **Proof of residency is required.** (tax bill, sewer bill, copy of deed/lease, driver's license) **Children under age 12 must be accompanied by an adult to the beach.**

### ***Group Swim Lessons***

Children will be grouped by age and ability and will be in the water with our lifeguard staff for group lessons. A copy of a Birth Certificate and Proof of Residency required to register for swim lessons. Children must be entering Kindergarten in September.

**Location of Lessons:** Lake Barnegat  
**Instructor:** Lacey Township Lifeguards  
**Ages:** K & up

**5 Tuesdays:** June 30, July 7, 14, 21, 28

**August 4th reserved as a makeup date**

**Times:** 10:15 am — 11:00 am

**Times:** 11:30 am — 12:15 pm

**Times:** 12:45 pm — 1:30 pm **Fee: \$20.00**

**Registration is June 15 & June 25 at the Recreation Dept office from 6:30 to 8:30 pm.**



### ***Junior Lifeguard Program***

This program is designed for participants who are already comfortable with their swimming ability. They will learn water safety and emergency response in the open water environment. Tee shirt is included.

**Location:** Lake Barnegat

**Instructor:** John Moynihan

**5 Wednesdays:** July 1, 8, 15, 22, 29

**Aug 5th reserved as a make up date**

**Times:** 9:30 am — 12:30 pm

**Ages 12—15**

**Fee: \$45.00**



### ***Stand Up Paddleboarding for Kids***

Now the whole family can get on the water with our "Kid Specific" Stand Up Paddleboards. Smaller and lighter than our adult board, this SUP is perfect for smaller paddlers! Adult boards also available as needed. **Equipment & Lesson included.**

**Location:** Lake Barnegat (Second Lake)

**Instructor:** Barnegat Bay Paddle Sports

**10:00—10:45 am** **Ages: 8-16**

**Fridays:** July 3, 10, 17, 24, 31 and August 7, 14

**Fee: \$20 per session, or Register for all 7 for only \$100**  
Adults are welcome to rent a paddleboard while waiting.



### ***Sunset Paddleboard Group***

Stand Up Paddleboarding is a unique and relaxing way to see the water from a different perspective while improving your balance and core strength. Our extremely buoyant boards allow you to maneuver through the water with ease! **All Equipment & Lesson included.**

**Location:** Windy Cove Beach (Meadowlark Drive)

**Instructor:** Barnegat Bay Paddle Sports

**6:30— 7:30 pm, Dates:** June 25, July 2, 16, 30 Aug. 13

**Must be 18 unless accompanied by an adult**

**Fee: \$25.00 per night—Sign up for all 5 nights and pay only \$100.00**

Trips are subject to cancellation due to weather and/or tide condition.

### ***Beach Volleyball at Gille Park***

#### ***Co-Ed Four's***

This is a great opportunity to play beach volleyball all summer long without dealing with shore traffic.

**Location:** Sand Volleyball Courts at Gille Park

**Organizer:** Todd Serad

**Tuesdays, beginning June 9th. 6 & 7 pm start times.**

**Contact the Recreation Department for more information.**



### ***Pre-Engineering using LEGO®***

Let your imagination run wild with tens of thousands of LEGO®! Build engineer-designed projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenge of Engineering FUNDamentals.

**Location:** Lacey Recreation Classroom

**Instructor:** Play-Well Teknologies

**Monday through Friday, July 27—31**



**Time: 9:00am - 12:00pm**      **Grades K—2**

**Time: 1:00 pm - 4:00 pm**      **Grades 3—6**

**Fee: \$132.00**

### ***Yoga under the Blue Moon***

The blue moon is an astronomical phenomenon that occurs once in every 41 months when 2 full moons exist s in any one month. Join us to celebrate this rare event with a specialty 60 min. Hatha practice set under the starry sky at scenic Meadowlark Bay Beach, in Lanoka Harbor. Beginner friendly practice appropriate for all levels. Please bring a mat, blanket, and water.

**Location:** Meadowlark Beach

**Instructor:** Adrienne Costa-DiPaolo

**Friday, July 31st**

**9:00pm**

**Ages: Adult**

**7:15 pm**

**Family Practice**

**Fee: Drop-In: \$10 per adult**

**Drop-In: \$15 per family for family practice**

### ***Full Moon Yoga at Meadowlark Beach***

Specialty 60 min. Hatha practice set under the starry sky at scenic Meadowlark Bay Beach, in Lanoka Harbor. Beginner-friendly practice appropriate for all levels. Please bring a mat, blanket, and water.

**Location:** Meadowlark Beach

**Instructor:** Adrienne Costa-DiPaolo

**(Tues) June 2nd, (Thurs) July 2nd,**

**9:00 pm**

**Ages: Adult**

**Fee: Drop In \$10 per class**

### ***Sunrise Yoga on the Lake***

Start your day with the serenity and peace of yoga. Transcend to a new level of fitness, balance, flexibility, and stamina. If you are new to yoga, Sunrise Yoga is the perfect way to get started. **All levels welcome.**

**Location:** 3rd Lake (Deerhead Lake)

**Instructor:** Adrienne Costa-DiPaolo

**8 Mondays: July 6, 13, 20, 27, August 3, 10, 17, 24**

**7:00—8:00 am**

**Ages: Adult**

**Fee: \$ 65.00**

**Drop In \$10.00 per Class**

### ***Poetry Café - Theater Camp***

Do you enjoy Funny Poems, Interesting Characters, Music, Laughter and Fun? Using poetry as a starting place we will create a unique theater piece. Together we will discover the joy of ensemble work, character development, performance all in 5 days.

**Location:** Lacey Recreation Classroom

**Instructor:** Joan Seele-Gold

**Monday through Friday, August 17—21**

**Time: 9:00 am—12:00 pm**      **Ages: 8—12 years old**

**Fee: \$140**

**Ask about Sibling Discount**

### ***Zumba Basic***

Move to great Latin and International styles of music and dance! Zumba Basic is designed for beginners through intermediate levels. This program is great for everyone to participate.

**Location:** Lacey Community Hall (Upstairs)

**Instructor:** Diane Salkeld

**Free Preview Tuesday, July 7th**

**10 Tues, July 14, 21, 28 Aug. 4, 11, 18, 25, Sept. 1, 8, 15**

**9:30—10:30 am**

**Ages: Adult**

**Fee: \$40.00**

**Drop In: \$5.00 / class**

### ***Wine & Paint Party***

Come and enjoy a night out! Join us for a wine and paint party. Create a 16x 20 acrylic painting on a stretched canvas in about 2 hours. You will be guided step by step by a professional art teacher. We provide everything you need to create a beautiful masterpiece while you enjoy friends, fun , and possibly a drink or two if you choose. Drinks and food are on your own.

**Location:**

**Instructor:** Diane Salkeld

**Wednesday, August 12**

**Time: 7:00—9:00 pm**

**Fee:**

Space is  
Limited !

**\$40.00 per  
night**

Samples of the artwork will be available in the Recreation Office.

### ***Tuesday Night Yoga***

Fusion-based class combining athletic-based yoga poses and the best of Joseph Pilates body slimming and core exercises. Guaranteed to be the most effective yet relaxing workout. All levels welcome.

**Location:** Lacey Recreation Classroom

**Instructor:** Adrienne Costa-DiPaolo

**10 Tuesdays: June 30, July 7, 14, 21, 28, Aug. 4, 11, 18, 25, September 1**

**7:00 - 8:00 pm**

**Ages: Adults**

**Fee: \$ 72.00**


**Drop In: \$10 per Class**

### Sunset Yoga for Lacey Food Bank

This yoga program is a beginner friendly yoga class designed for all levels. Please bring a mat/towel and water.

**Location:** Lake Barnegat Beach, (2nd Lake)

**Instructor:** Adrienne Costa-DiPaolo & Amy Riley

**Fridays, June 5th, July 10th, Aug. 7th, Sept. 4th**  **6:00—7:00 pm**

Admission is Free if you bring with you a non-perishable food item for the Lacey Food Bank to Class.

### Lacey Day Celebration

**Saturday, August 15 (Rain Date, Aug. 16)**

**12:00 pm — 4:00 pm Gille Park**

Family friendly activities throughout the day including music, games, refreshments, & much more!



### Lacey Township 5K Race / 1 Mile Fun Run

**Saturday, August 22, 2015**

**Race Time 8:30 am at Gille Park**

**Registration Begins at 7:00 am**



**Cash Prizes:** Overall Top 3 male & female finishers

**Entry Fee:** \$25.00 if pre-registered by August 5th and \$32.00 after & day of Race. Please ask about our student discounts, 1 mile fun run, & our kiddie dash.

### Youth Tennis Camp

These lessons will teach children the basic fundamentals in stroke production, court movement, and basic footwork skills. Children will need to supply their own racquet.

**Location:** Gille Park Tennis Courts

**Instructors:** Serving Ace Tennis Academy

**Mon—Thurs, Fri is reserved as a rain date** **Fee: \$62**

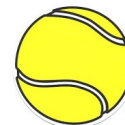
**Session I: July 27—30, Session II: August 3—6**

Ages 13—16 8:00—8:30 am

Ages 7—8 8:45—9:15 am

Ages 9—10 9:30—10:00 am

Ages 11—12 10:15—10:45 am



### REGISTRATION INFORMATION

#### Registration process

- You may register in person or by mail. Recreation Dept. 818 W Lacey Road, Forked River, NJ 08731
- Township offices are open Monday-Friday, 8:30 a.m. - 4:30 p.m.
- If registering in person or by mail, a registration form must be properly filled out, signed and submitted with your payment.
- Please make checks payable to Lacey Township.
- **Cancellations/Refunds** must be made 7 days prior to a trip or class. No Refunds will be honored after this date.
- Refunds will not be given except in the case of injury or illness. Written documentation from a physician is required.

Name	Age	Program	Session	Fee

**Street address** \_\_\_\_\_

**City** \_\_\_\_\_ **ZipCode** \_\_\_\_\_

**Home Phone** \_\_\_\_\_ **Cell Phone** \_\_\_\_\_

**Email Address** \_\_\_\_\_

**Emergency Contact Name** \_\_\_\_\_ **Phone** \_\_\_\_\_ **Relationship** \_\_\_\_\_

I, the registrant/guardian (circle one) by applying to participate in Lacey Township Recreation program, do hereby waive, release, absolve, indemnify and agree to hold harmless Lacey Township, the organizers, sponsors and supervisory of the program.

**Signature** \_\_\_\_\_ **Printed Name** \_\_\_\_\_ **Date** \_\_\_\_\_